



4H Nordland  
**60 år**  
**ung**  
1953 - 2013



Bodø, February 8. 2013

EFCF-conference in Bodø, Norway, 2013

June 20-24

*Welcome to the Arctic city farm adventure!*

4H Norway and the Norwegian Federation of 4H-farms is proud to host the 2013 EFCF conference in the North of Norway and to invite you to *The Arctic city farm adventure!* Please find below our program, which may differ in the end in small details, and the practical information you will need.

#### **Thursday, June 20, afternoon**

16.00-18.00: Arriving at the [hotel Skagen](#) and settling in

18.00-19.30: Evening soup and coming together at the hotel. Official welcome and presentation of the participants. Delegates introduce themselves and present their work. Organisational issues and information.

Voluntary choices:

19.30 - 21.30 Group 1: City tour arranged by the [historical museum](#) (20 Euro)

19.30 - 21.30 Group 2: Fishing with the traditional boat [Faxsen](#) (20 Euro)

## Friday, June 21

7.30-8.30: Breakfast at the hotel. Information.

8.45: Bus leaving the hotel

9.00-10.00: Visiting the out-door [Kinder garten called Maskinisten](#)

10.00-10.30: Walking along the small river (20 minutes)

10.30- 11-30: Visiting [Vågønes barnehage \(Kinder garten\)](#) Song-play performance

11.30: Walking to the city farm [Bodin 4H-gård](#) (20 minutes)

12.00: Lunch at Bodin 4H-gård

13.00: Information about access to nature and [the public health program STImuli](#)

14:00: Growing food in the Kindergarten. [Urban Community supported agriculture](#) University projects presented by Vivi Storsletten

15:00: Cafe breaks with waffles and cakes. Guided tour of the city farm

16.30: Out walking again, following the small river to the seaside, approx. 3 km

17.30 Bodøsjøen friluftsmuseum. Activities like reps crafting, felting wool, whittle/ carving, walk on stilts, throwing horseshoes and [Viking chess](#) (see video)

17.30 – 20.00: Activities and outdoor Dinner/ barbeque [at Bodøsjøen friluftsmuseum](#)

20.00: Bus leaving for the hotel (approx.. 15 minutes)

## Saturday, June 22

7.30- 8.30: Breakfast at the hotel. Information.

9.00 – 10.00 EFCF AGM- members only

10.00-12.00 EFCF general meeting-for everyone

12. 00: Lunch at the hotel

13.00-13.30: Bus transfer to [Ersvika Sami Siida](#) (see photos)

13.30- 16.30: Visiting Ersvika Sami Siida where children normally take part in different activities and skills the Sami culture. You will, in an active way, learn about Sami crafts, history and way of living in the present and in the past. You will also experience reindeer- herder explaining about coexistence between indigenous people and nature and how to maintain the traditional way of reindeer -keeping in a

sustainable way, and in harmony with nature. In the program there will also be a taste of Sami food and of course there will be coffee and a bon fire

16.30: Bus leaving for [Saltstraumen](#)- the world strongest maelstrom, which according to the tidal timetable will be at its most powerful around 17.00 pm. You are free to sit down close to the sea side or walk around the area

18.20: Official photo of the Conference outside Saltstraumen hotel. Be there!

18.30: Bus leaving the natural phenomenon Saltstraumen from Saltstraumen hotel

19.00 -22.00 Dinner from cooking pits served in a big turf hut, accompanied by some Stone Age experiences at historical Tuvsjyen. Sami fairy- tales by Eirin Edvardsen. Bring your swimwear as you will have the possibility to swim in the sea and use the wooden tubs with a nice and warm temperature. Recommended!

22.00: Bus leaving for the hotel (35 km) **Sunday, June 23 (Midsummer Night)**

08.00 09.00 Breakfast at the hotel. Information.

Bus transfer to the [Kjerringøy Island](#), 42 km North of Bodø, including a 10 minutes ferry, travelling through a very beautiful landscape

Visiting an [organic milk production farm](#), eating local food for lunch, guiding at the historical trading coastal center, visiting a [boat builder](#) and taking a look at outdoor climbing activities for children. Coffee- and tea brakes with homemade pastries. Dinner at the local hotel in the afternoon.

Official end of the conference

Celebration of the Midsummer Night with a barbeque and camp fire in the evening

Around 22.00:

Bus transfer back to the hotel, hopefully the midnight Sun is shining all night ☺

## **Monday, June 24**

07.30 – 08.30 Breakfast

End of the conference, good bye and departures!